

# **BY-LAWS**

## **ARTICLE I - NAME**

Drexel Hill Raiders Athletic Association (DHRAA)

## **ARTICLE II - PURPOSE**

The purpose of this athletic Association known as the "Raiders" is to sponsor organized sports and to promote in young boys and girls the qualities of good sportsmanship, loyalty and courage that can be derived from participating in organized sports. Also, to provide facilities, equipment, coaching staff, scheduling, and support functions for all sports or activities sponsored by the Drexel Hill Raider Athletic Association. All coaches, directors, and Executive Board members will act in accordance with house bill 1625 as amended 4/16/86 and be covered by the provisions of said bill.

## **ARTICLE III - EXECUTIVE BOARD**

### **SECTION I - PURPOSE**

The management and good conduct of the affairs, business and interest of the Association shall be vested in the Executive Board. The Executive Board shall be trusted with the day to day business of the organization without seeking approval.

### **SECTION II - MEMBERSHIP**

The Executive Board is composed of the following officers:

- A) President
- B) Vice President
- C) Secretary
- D) Treasurer
- E) Equipment Manager
- F) Sergeant At Arms (Guard)

### **SECTION III - ELECTIONS**

#### **A) NOMINATIONS:**

A Nominating Committee shall be appointed by the President, headed by the Secretary and activated in the month of October to secure consent of candidates for office.

**B) ELIGIBILITY:**

All adult members of the Association who have attended a minimum of FIVE (5) meetings in the last twelve (12) months are eligible for election to the Executive Board. All nominations must be made and seconded.

**C) ELECTIONS:**

1. All nominations for the elections of Officers of the Association shall be made at the regular session in November. Elections are to be held in December at the regular session. Members not declining at the time of nomination must do so within five (5) days after nomination in writing.

2. Following the presentation by the Secretary of the slate of candidates, free nominations from the membership will be invited.

3. The tenure of office shall be overlapping two year terms. Even years: President, Treasurer, Guard; Odd years: Vice President, Secretary, Equipment Manager.

4. A majority of ballots to be counted by the nominating committee from all members eligible to vote: By secret ballot (One vote per eligible member) shall decide the election of officers. Eligibility to vote requires that member has attended five (5) meetings in the past twelve (12) months.

**D) VACANCY IN OFFICE**

In the event of death, resignation, suspension or the occurrence of a vacancy in any office, for any reason, except that of the Office of President, there shall be a special meeting of the entire membership called by the Executive Board to elect a replacement.

In case of a vacancy in the Office of President, the Vice President shall succeed to the Office of President.

**E) EQUAL REPRESENTATION CLAUSE:**

At no time will there be elected to the Executive Board more than two (2) individuals of Any one family.

**SECTION IV - DUTIES**

**A) PRESIDENT:**

1. The President will preside at all Association meetings to preserve order, provide leadership, to stimulate all members to their best effort on behalf of the organization and to supervise all business of the Association.

2. The President only votes to break a tied vote on any motion presented from the floor.

3. The President shall attach his/her signature to all orders issued from the Association;

conditioned that it is not necessary for him/her to sign the general correspondence transacted by the Secretary.

4. All committees shall be appointed by the President and Vice President; conditioned that on committees of three (3) the Vice President shall appoint one (1) member and on committees of five (5) he/she shall name two (2) members thereof. The President will not have a vote on committees of which he is ex-officio.

5. The President shall have veto power, to be exercised within one month of the motion he wishes to veto being passed. Veto may be overridden by a two-thirds (2/3) vote of the Board of Directors and general membership, in that order.

6. At the expiration of his/her term of office, he/she shall deliver to his/her successor all books, papers and belongings of the Association in his/her possession within ten (10) days.

**B) DUTIES OF THE VICE PRESIDENT:**

1. The Vice President shall assist the President in the discharge of his/her duties while the Association is in session, and in the absence of the President, assume his/her responsibilities and discharge his/her duties.

2. The Vice President is the delegate to the Delco Football League, representing the Association with the league on all football matters.

3. The Vice President shall act as the Director of Football for the Association.

4. At the expiration of his/her term of office, he/she shall deliver to his/her successor all books, papers and belongings of the Association in his/her possession within ten (10) days.

**C) DUTIES OF THE RECORDING SECRETARY:**

1. The Recording Secretary shall have general custody of all books, documents, papers and records of the Association, not otherwise entrusted temporarily or permanently to other Officers or to special committees.

2. He/She shall take and transcribe minutes of all meetings of the Association, and shall submit same for approval or amendments at the next meeting.

3. When so required, he/she shall give due notice of all meetings, and shall conduct the general correspondence of the Association.

4. He/She shall with the President attest to all duty authorized and approved contracts of the Association and keep copies thereof.

5. At the expiration of his/her term of office, he/she shall deliver to his/her successor all books, papers and belongings of the Association in his/her possession within ten (10) days.

6. The Recording Secretary heads the registration committee.

**D) DUTIES OF THE TREASURER:**

1. The Treasurer shall have general charge of all monies of the Association, and together with the President shall deposit and maintain such funds in a bank account in the name of the DHRAA.

2. He/she shall have power when approved by the President to draw, sign and issue checks, drafts and money orders for the withdrawal of funds for prompt payment of all lawful obligations of the Association which have been approved by the Association.

3. Make a complete financial report at each Association monthly meeting. Present annually in March to the membership for approval - a budget for the ensuing calendar year.

4. At the expiration of his/her term of office, he/she shall deliver to his/her successor all books, papers and belongings of the Association in his/her possession within ten (10) days.

**E) DUTIES OF THE EQUIPMENT MANAGER:**

1. The Equipment Manager shall order any athletic supplies, equipment and other materials deemed necessary by the Executive Board (excluding the snack bar).

2. He/She will work with the treasurer to set up the budget report for the ensuing calendar year.

3. He/She will keep inventories of all sporting equipment, uniforms, and material owned by the Association.

**F) DUTIES OF THE SERGEANT AT ARMS (GUARD):**

1. The Guard shall guard the door and allow no one to pass except those qualified.

2. The register shall be kept by the guard of those members who are present. Members shall sign the register in their own handwriting. At the close of unfinished business the Guard shall sign his/her name last, directly under signature of the last signer and return the register to the Recording Secretary.

3. Assist with maintaining order during meetings.

4. Attend any Delco Football meetings in absence of the Vice President.
5. Perform any other duties as directed by the President.

## **ARTICLE IV - GUIDELINES FOR PURCHASING AND EQUIPMENT PROCUREMENT FOR THE DREXEL HILL RAIDERS ATHLETIC ASSOCIATION**

### **A) PURCHASING:**

1. All purchases must be approved by the President and Director through the Recording Secretary by Purchase Order.
2. Purchase order system set up and maintained by the Equipment Manager.
3. Any purchase over \$1000.00 will done on a three (3) quote basis.
4. Any actual purchase made by the Equipment Manager only.

### **B) EQUIPMENT:**

1. Each Coach and staff are responsible for all issued equipment.
2. Requests for all equipment must be submitted in writing.
3. All equipment picked up and turned in to a permanent central location.
4. "Check list" form filled out and signed by each coach and parent when equipment is issued and returned.
  - (a) All team trophies put in a central location immediately upon receipt.
5. All equipment stamped and/or numbered for identification purposes.
6. Set up inventory system, controlled and maintained by Equipment Manager.

## **ARTICLE V - BOARD OF DIRECTORS**

### **SECTION I - PURPOSE**

- A) To promote in young athletes the qualities of good sportsmanship, loyalty and courage that can be derived from participating in organized sports.
- B) To run the daily operation of their division, under the approval of the Executive Board.

C) To appoint coaches, order equipment through the Equipment Manager, set up fund raisers, present awards, set up game schedules, assist secretary in registration, with the approval of the Executive Board.

D) The Executive Board reserves the right to remove any coach and/or manager for any reason it deems necessary.

## **SECTION II - MEMBERSHIP**

A) The Board of Directors is composed of the following offices:

- 1) Director of Snack Bar
- 2) Director of Cheerleading
- 3) Director of Wrestling
- 4) Director of Basketball (May appointed assistant director for girls and a assistant director for boys)
- 5) Director of Football (Always the Vice President)
- 6) Director of Lacrosse
- 7) Director of Publicity

## **SECTION III - ELECTIONS**

### **A) ELIGIBILITY**

1. All adult members of the Association who have attended a minimum of five (5) meetings in the past twelve (12) months are eligible for nomination to a position on the Board of Directors. All nominations must be made and seconded, and approved by the vote of the membership in attendance.

## **ARTICLE VI - MEMBERSHIP**

Membership shall be open to all parents and/or guardians of any boy or girl presently registered with organization. Membership shall be granted to all coaches. Membership shall be open to all interested parties.

## **ARTICLE VII - MEETINGS**

### **SECTION I**

A) General membership meetings will be held on the first Tuesday of each month at a time and place named by the President. Three (3) members of the Executive Board must be present to have a Quorum.

B) The Executive Board shall meet as needed. A Quorum being three (3) members of the Executive Board.

C) The Board of Directors shall meet as needed. A Quorum shall be the same as general membership, but must include two (2) members of the Executive Board.

### **SECTION II**

At all meetings of the Association the order of business shall be as follows:

- 1) Call to order
- 2) Roll Call of Officers
- 3) Reading of the Minutes of the preceding meeting
- 4) Officers Reports
- 5) Reports of Directors Committees
- 6) Communications
- 7) Reports on members sick or in distress
- 8) Unfinished Business
- 9) New Business
- 10) Election of Officers
- 11) Installation of Officers
- 12) Adjournment

### **SECTION III**

No proposal for Association action shall come upon the floor for debate or vote until it has been referred to and reported from an appropriate committee, unless the majority of members present shall agree to immediate consideration thereof. Every committee must report either affirmatively or negatively on all matters referred for consideration within one month from the date of such references, otherwise the committee shall be deemed to have discharged from further consideration. Any committee may also be discharged by a majority vote of the Association.

### **SECTION IV**

No members of the Association shall print or write or cause to be printed or written any item, for public distribution, concerning the affairs of the Association without said item first having been favorable recommended by the Executive Board and the Director of Publicity; nor shall they

discuss any matter in public that has been transacted at any session of the Association, except with members of this Association in good standing.

## **SECTION VI - SIMPLIFIED PARLIAMENTARY PROCEDURE**

### **Conduct of Members**

- a) To conduct yourself in a recognized and proper manner, memorize or become well acquainted with the Parliamentary Procedure. Remember above all that it is the basis of ordinary common sense.
- b) Probably the most serious defect in most meetings is the lack of reasonable decorum. Good order must be maintained if business is to be carried out. Courtesy would demand that there should be no whispering or commotion while the speaker has the floor. Beware of personalities. Nothing so mars the dignity of a meeting as a sharp retort or angry voice.

### **SECTION VII - DUTIES OF THE PRESIDENT:**

- 1) Must be firm and dignified, but above all, impartial.
- 2) Should insist on good order at all times.
- 3) Must never debate any question from the chair.
- 4) Shall always restate the motion or question after it has been moved and second, and before any remarks are allowed.
- 5) Should never allow anyone to speak without first being recognized by the chair. Should not allow anyone to speak a second time on the same subject while other members, who have not spoken may desire to do so.
- 6) Should never interrupt, or allow to be interrupted, any speaker who is in order.
- 7) Should never allow discussion on any subject which has not been properly reported from an appropriate committee or Director. The President may punish summarily in open Association any violation of the Constitution or By-Laws of this order, or any slanderous remarks made against this Association or its officers or members in keeping with his Presidential power.

**ANY MEMBER, ON A POINT OF ORDER, MAY CALL THE PRESIDING OFFICER'S ATTENTION TO HIS FAILURE TO FOLLOW THE ABOVE.**

### **SECTION VIII - DUTIES OF COMMITTEES**

Unless otherwise provided, the person first named is the Chairman of the Committee. A committee has no authority, except that which is granted by the By-Laws or by vote of the Association. A committee has no right to incur any debt or involve the organization in any way unless it is given full authority to do so. A committee's only power is to recommend. Under no circumstances shall one or more members of a committee go ahead with the business of the committee without action by a quorum, usually a majority of its members.

## **SECTION IX - MAIN MOTIONS**

To obtain the floor after it has been yielded the member must be recognized by the President.

When a motion has been made, recorded and stated by the chair, the assembly is not at liberty to consider any other business. If the motion is long and involved, the chair may ask the maker to hand it in writing to the Recording Secretary. The mover cannot withdraw his motion after it has been stated by the chair. All motions must be seconded.

1. To Amend; A motion before the assembly may be amended by:
  - a) The mover or seconders or unanimous consent.
  - b) Any member who states his amendment, (this is debatable and, if carried, becomes a part of the original motion, as amended, should be considered).
  - c) Any member may propose an amendment to an amendment. This is also debatable and amendable.
2. To Commit; When a motion becomes involved through amendments, or when it is advisable to investigate a question more carefully, it may be moved to commit the motion to a committee for further consideration.
3. To Lay on Table; The object of this motion is to enable the assembly, in order to attend to more urgent business to lay aside the question in such a way that its consideration may be resumed at the will of the assembly. The motion: "To Lay on the Table" is not debatable and is not amendable.
4. To Postpone; A motion to postpone may be made:
  - a) To a certain time or a certain meeting, when it must be brought up in its proper order of business debatable and amendable.
  - b) Indefinitely, which in effect kills the motion; debatable, but unamendable.
5. To Limit Debate; We have set a limit of three (3) minutes for any speaker on any one subject.
6. To Reconsider; A motion to reconsider must be made by one who voted with the majority. No question can be twice considered; debatable.
7. To Call Previous Question; This motion may be made when debate becomes long and drawn out, it is not debatable. The form is "Question the Motion", the Chairman then asks, "Shall we vote on the question?" If this is adopted by a two-thirds vote, the main question before the assembly is immediately voted upon.
8. Point of Order; This motion is always in order and the form is point of order. The Chairman asks, "Please state your point of order". After the member has stated his point of order, the Chair answers:
  - a) Your point of order is sustained; or b) Your point of order is denied.

If any member is not satisfied he may appeal the decision of the Chair. The Chairman then

addresses the assembly, "Shall the decision of the Chair sustained?". This is debatable and the presiding Officer may discuss it without leaving the Chair. It is voted on like any other motion.

9. To adjourn; This motion is always in order, except;
  - a) When a speaker has the floor;
  - b) When a vote is being taken,
  - c) After it has first been voted down;
  - d) When the assembly is in the midst of some business which cannot be abruptly stopped.
  - f) When the order of business has not been completed.

## **ARTICLE VIII - AMENDMENTS**

### **A) BY-LAW CHANGES:**

#### **METHOD #1**

Initiated by Executive Board, it requires two (2) consecutive general membership meetings, read at both, moved and seconded. Voted on at the second meeting. Must be passes by a two-third (2/3) vote of eligible members at that meeting.

#### **METHOD #2**

Initiated by membership, it requires three (3) consecutive general membership meetings, read at all three, moved and seconded. Voted on at the third meeting. Must pass by a two-thirds (2/3) vote of eligible members at that meeting.

### **B) RULES AND REGULATIONS:**

#### **METHOD #1**

The Executive Board shall have the power to make, alter and amend or repeal any playing regulation of the Association by a two-thirds (2/3) vote of eligible members present at a meeting called for that purpose.

#### **METHOD #2**

If a resolution in made by a member of the Association for the making, altering, amending or repealing of the playing regulations, it must have been made and seconded at a prior meeting. A two-thirds (2/3) majority vote of eligible members is required for adoption.

### **C) INTERPRETATION**

The Constitution, its By-Laws and playing regulations shall be interpreted literally and rigidly. The final decision concerning the interpretation of the Constitution, its By-Laws and playing regulations shall rest with the Executive Board of the Association.

## **ARTICLE IX - IMPEACHMENT**

A) The members shall have the right to impeach any elected officer for misconduct in office. The impeachment proceedings will be as follows:

- 1) The Executive Board shall act only upon receipt of a petition signed by a minimum of Five (5) members.
- 2) The Executive Board will officiate at the proceeding to be held before members at a meeting called for such a purpose with ten (10) days' notice given.
- 3) Removal from office shall be by a three-fourths (3/4) majority vote by eligible members.
- 4) If an Executive Board member is being impeached, he/she may not sit as a member of the Executive Board during the proceedings. That individual is also ineligible to vote during the impeachments proceedings.

## **ARTICLE X - DISSOLUTION**

In the event that this organization known as the Drexel Hill Raiders Athletic Association shall dissolve, any monies or assets remaining after outstanding debts are paid, shall be donated to a local community youth organization.

# CONSTITUTION

## **PHILOSOPHY**

We believe, at Drexel Hill Raiders, every child should have the opportunity to participate in athletics. The young people who participate in the Raiders' program should enthusiastically be encouraged by parents and coaches. It is our main goal at this stage of each child's career to expose them to all sports, and let them decide in which sport (s) they receive the greatest physical and psychological gratification.

Sports are an integral part of the education program and must contribute to the development of well-rounded children capable of assuming their place in society. The Association will endeavor to provide the most highly qualified, ethical coaches that display mature leadership in order to develop in their athletes the following qualities: **SPORTSMANSHIP, CHARACTER, STRENGTH, HONESTY, PERSEVERANCE, DESIRE AND POSITIVE ATTITUDES.**

Although each contest our athletes participate in is not a "life or death" matter, each coach should continually strive to develop a philosophy of "trying one's best" in each of their athletes. The goal of self-actualization gained by facing a challenge and relying upon oneself to carry the task through to the end is a foundation, which our athletes can rely upon in all endeavors of life.

## **ROLE OF THE PARENT**

The parents combined with their children, league officials, umpires, referees, managers, coaches, and volunteer agencies including sponsors, represent and imposing cross section of this community.

Parents should accept the fact that they must shoulder responsibility and take initiative to make any program successful. The Drexel Hill Raiders Athletic Association is not an organization in which membership implies baby-sitting benefits and entertainment privileges.

The Raiders are an adult volunteer work project constructed, supervised and assisted by parents who desire to make its benefits extend to all children.

Each parent must join in the total effort. There is a place and a job to do for all. The burden of operating the Association should not fall on a few. The parent who shirks this responsibility cannot, in turn, expect others to assume the burden.

There is no substitute for the parent in our organization. The parent's understanding of the Raiders philosophy is contagious and inspires great spirit in our community.

## **ATHLETIC COURTESY**

Athletics should foster clean sports. It is the privilege and duty of every person connected with athletics to exemplify these principles in his or her own actions and earnestly advocate them before others.

The rules of the game are to be regarded as mutual agreements, the spirit or letter of which no honorable person would break. The stealing of advantage in sports is theft.

Unsportsmanlike or unfair means are not to be used even if they are used by opponents.

Visiting teams are to be honored guests of the home team and should be treated as such!

Remember that a spectator represents the Association the same as does the athlete.

Any spectator who continually evidences poor sportsmanship will be requested not to attend future contests.

Decisions of officials are to be abided by.

Officers and opponents are to be regarded and treated as honest in intention. In games when opponents conduct themselves in an unbecoming manner and when officers are manifestly dishonest or incompetent, future relationship with them should be avoided.

Good points in others should be appreciated and suitable recognition given.

The practice of "booing" is regarded as discourteous and unsportsmanlike.

## **ETHICS PERTAINING TO ATHLETICS**

The code of ethics pertaining to athletics is to be regarded, not only as recommendations, but as rules governing the conduct of the coach, officials, directors and the public. All league fines levied against a coach will be the responsibility of the individual coach.

### **THE COACH SHALL:**

- 1) Have fair, unprejudiced relationship with players.
- 2) Teach athletes to win through legitimated means only. Striving to win at any cost is distinctly unethical.
- 3) Give opponents full credit when they win.
- 4) Control his temper at all times.
- 5) Discourage profanity and obscene language at all times.
- 6) Support the decisions of officials before players or spectators.

- 7) Counteract unfounded rumors of questionable practices by opponents. To establish the truth or falsity of these rumors he should refer them directly to the Director.
- 8) Not solicit players from other clubs or Associations.

#### **THE DIRECTOR SHALL:**

- 1) Arrange only schedules which are physically sound for the athlete.
- 2) Treat visiting teams and officials as guest.
- 3) The director and the community should cooperate in developing a wholesome athletic program.

#### **THE ASSOCIATION SHALL:**

- 1) Be honest in certification of players, refusing certification of any player where a lack of thoroughly reliable information makes possible his or her ineligibility.
- 2) Endeavor to foresee possible misunderstandings with other clubs or Association and as far as possible settle them before they materialize.
- 3) Encourage the support of our teams but never at the expense of the friendly relations.

#### **THE SPECTATOR SHALL:**

- 1) Conduct themselves in a sportsmanlike manner.

### **DUTIES AND RESPONSIBILITIES OF THE ATHLETIC ASSOCIATION**

#### **EQUIPMENT**

- 1) Coordinate the ordering of supplies.
- 2) Assist head coach in maintaining inventories.
- 3) Inspect all incoming equipment.
- 4) Notify head coach upon receipt of equipment.
- 5) Assist head coach in maintaining and refurbishing existing equipment.
- 6) Photocopy all lists of issued equipment for each sport at the beginning of each season.

#### **SCHEDULES**

- 1) Establish schedules of regular games and practices.
- 2) Procure officials for regular games, and for practice games only when required.
- 3) Reschedule postponed games.
- 4) Procure timers and other assistants as necessary.

#### **HEALTH**

- 1) Certify weights for football and wrestling
- 2) Coordinate medical kits for all sports.

## **AWARDS**

- 1) Maintain files reflecting accurate participation in our programs and related activities.
- 2) Develop the sports awards night for each season.

## **ELIGIBILITY**

- 1) Submit eligibility lists for weight football and wrestling to other Associations or clubs.
- 2) Maintain files reflecting the eligibility of all participants in our Association for the current season.

## **BUDGET**

- 1) Coordinate budget for all expenditures.

## **MISCELLANEOUS**

- 1) Act as reprehensive for coaches at league meetings.
- 2) Coordinate sports pictures.
- 3) Submit work orders to the Township for the following:
  - A) Lining of the fields.
  - B) Refurbishing of field prior to season.
- 4) Coordinate practice and playing areas.

## **DUTIES AND RESPONSIBILITY OF COACHES**

### **HEAD COACH**

- 1) Applicant must submit a request in writing to be approved by the Executive Board with the recommendation of the Director.
- 2) The head coach designated for particular sport is responsible for developing overall policy and delegating responsibility in said sport.
- 3) The head coach shall be certain that each member of his team have the following:
  - A) Parental permission.
  - B) Insurance and/or waiver.

### **NO TEAM CANDIDATE WILL BE PERMITTED TO PRACTICE UNTIL THE ABOVE REQUIREMENTS ARE MET.**

- 4) For purposes of eligibility the head coach shall obtain the following information from team members to be recorded and given to the Director prior to their first game:
  - A) Full name, address and telephone number.
  - B) Date of birth, birth certificate and present age.
  - C) School presently attending and grade.
- 5) The head coach is responsible for seeing that the names of persons who join the team after the original eligibility list is prepared are added to the list and that they have met all necessary qualifications.
- 6) Coaches are to know “General Rules and Regulations” pertaining to their particular sport.

- 7) The head coach is responsible for discussing the following at his first team meeting:
  - A) Athletic training rules (approved by the Raiders Athletic Committee).
  - B) Rules and Regulations for the sport.
  - C) Procedure for injuries.
  - D) Awards.
- 8) Practice games should be arranged through the Director. Consultation for the arrangement must be finalized at least two weeks prior. Officiating of practice games will be handled the same way.
- 9) All coaching staff are encouraged to attend all Drexel Hill Raiders Athletic Association meetings. It is expected that these meetings will be as brief as possible.
- 10) The head coach will see that the Director receives notification of all members of the team. This must be done prior to the first scrimmage.
- 11) The head coach is responsible for the conduct of his team, assistant coaches and spectators, both home and away.
- 12) The head coach is responsible for the equipment and supplies used in his sport. He should see that:
  - A) Records of all equipment issued are kept.
  - B) All damaged, lost or stolen equipment is paid for. Anyone refusing to cooperate in this matter should be referred to the director.
  - C) All uniforms are cleaned and properly stored at the conclusion of the season.
  - D) Inventory taken and list given to the director. This must be completed prior to an award night.
  - E) All equipment is collected from quitting players as soon as their status is known.
- 13) The head coach should notify the director prior to his season of any equipment or supplies that were not supplied.
- 14) It is the responsibility of the head coach or his designate to be at any practice. If no coach is present the participants will have to leave the area. (Insurance regulation dictates that we need to sufficiently protect ourselves from liability.)
- 15) All coaches are required to attend their award night at the conclusion of their season. You have fulfilled your responsibility as a coach only after you have awarded your players.
- 16) The head coach is responsible for seeing that all practices begin and end at the times agreed upon by the Association.
- 17) It is the responsibility of the head coach to submit articles to The Director of Public Relations for press release.
- 18) During the regular season, the head coach should try to involve as many players as possible in the games. Playoffs are more competitive and the coach has to use his/her discretion.

### **ASSISTANT COACHES RESPONSIBILITIES**

- 1) All assistant coaches are directly responsible to the head coach of the sport and may be delegated certain obligations by him over and above their coaching duties, such as checking equipment, supervising inventory, etc.... as determined by the head coach.

## **RULES AND REGULATIONS FOR ATHLETES**

When you accept the responsibility of participating on a team with the Drexel Hill Raiders Athletic Association, you are undertaking a task which involves many duties and responsibilities. The Drexel Hill Raiders Executive Board has met and agreed on and approved the following rules that pertain to all sports or activities. Discipline is an integral part of athletics and must be handled on an individual basis.

### **PROBLEMS OF DISCIPLINE**

Will be handled by the coach on an individual basis, and if needed, the Director and Executive Board will be consulted.

### **CONSISTENT LATENESS OR ABSENCE**

First offense - Warning by the coach. The coach should talk to the athlete to discover if there is any problem as to why he/she was late or absent from practice or games and try to solve the problem. Talk to the parents, and if necessary, consult The Director.

### **SMOKING, DRINKING OR DRUGS**

First Offense - Warning - One game suspension.  
Second Offense - Player will be dropped from the team.

The directive given above are intended to guide all concerned with making competition a valuable experience in promoting individual and social growth. Realize that athletes who constantly violate the Rules and Regulations could be dropped from the team if the Association judges that they are unworthy to represent the Drexel Hill Raiders Athletic Association.

### **ATHLETIC CONTEST REGULATIONS**

- 1) Know the rules and abide by them.
- 2) The captain should be the only athlete to talk to officials and he/she shall be courteous and talk to them only when necessary.
- 3) All contestants shall accept officials' decisions.
- 4) Athletes should always display maturity and self-control.
- 5) Never enter into a fight. Your temper may result in your being removed from the game and the team.
- 6) Coaches and officials are responsible when athletes openly display anger.
- 7) Good sportsmanship and hard aggressive action make you an outstanding athlete.
- 8) All athletes should work together for the common good of the team. Your personal feelings about fellow team members should never influence your athletic relationship with them.

- 9) During time-outs, listen attentively to the advice of the coaches.
- 10) Each athlete is expected to display qualities of good citizenship at all times. You should be courteous to officials, opponents and spectators.
- 11) Athletes are expected to help take equipment to and from the field for practice and home games.
- 12) Be modest in victory - gracious in defeat.

## **FOOTBALL**

### **DOUBLE "A" TEAMS**

The double "A" league is a training level football program. Training and learning is the primary purpose. Coaches must always remember that they are teachers first.

### **RULES:**

Any Delco Football League Rules will supercede those of the NCAA.

### **SPECIAL FOOTBALL AWARDS**

- 1) If any varsity weight teams wins the division championship, that team will receive a windbreaker type jacket.
- 2) If any varsity weight team wins the league championship, that team will receive a jacket to be decided on by the Association.
- 3) Payment of jackets will be decided on by the members of the Association based on the ability of the Association to pay.

## **BASKETBALL**

### **RULES AND REGULATIONS**

PIAA rules apply at the desecration of the director.

### **PARTICIPATION**

Every player must participate in every game.

### **SPECIAL BASKETBALL AWARDS**

- 1) Trophies for division winners. Other awards may be recommended by the Director and approved by the Executive Board.

## **WRESTLING**

### **RULES AND REGULATIONS**

Modified PIAA rules will apply.

### **SPECIAL WRESTLING AWARDS**

- 1) If any wrestler qualifies for the Regionals in the Junior Olympics, that wrestler will receive a jacket to be decided on by the members of the Association.
- 2) If the team wins the inter-county wrestling league tournament, the team members, decided on by the Director, will receive a jacket, to be decided on by the members of the Association.
- 3) Payment of the jackets to be decided on by the members of the Association based on the Association's ability to pay.

### **LACROSSE**

#### **RULES AND REGULATIONS**

South Eastern Pennsylvania Lacrosse rules will apply.

#### **SPECIAL LACROSSE AWARDS**

- 1) To be recommended by the Director and approved by the Executive Board.

### **CHEERLEADING**

#### **SPECIAL CHEERLEADING AWARDS**

- 1) If the cheerleading competition team wins the cheerleading competition, the team members decided by the Director, will receive a jacket. Type to be decided on by the members of the Association.
- 2) Payment of jackets to be decided on by the members of the Association based on the ability of the Association to pay.

## **Amendments To the By Laws Initiated By the Executive Board**

- 1) ADDITION TO ARTICLE IV, SECTION IV, B3: He or she may not hold a head coaching job with a Drexel Hill Raiders Football or Cheerleading Team.
- 2) ADDITION TO ARTICLE V, SECTION II, A4: Director of Basketball may appoint a Commissioner for each league to assist him or her with the program. Commissioners report directly to the Director.

1<sup>st</sup> Reading **April 9, 2004**

2<sup>nd</sup> Reading **May 3, 2004**

The Motion was Adopted and Approved by the Board and Body on May 3, 2004.